

FUNCTIONAL BENEFITS



ENERGY



PROTEIN



GLOW



FOCUS



IMMUNITY



DETOX



SLEEP



GUT

FUNCTIONAL ADD-ONS

UPGRADE YOUR RITUAL

	PEA PROTEIN  	● MUSCLE RECOVERY	● SATIETY	● SUSTAINED ENERGY	THB 30 NET
	FLAX SEED  	● GUT HEALTH	● OMEGA-3	● DIGESTIVE SUPPORT	THB 15 NET
	LION'S MANE  	● MENTAL CLARITY	● FOCUS	● COGNITIVE SUPPORT	THB 15 NET
	CHIA SEED  	● FIBER	● OMEGA-3	● HYDRATION	THB 40 NET
	GRANOLA  	● FIBER	● SUSTAINED ENERGY	● SATIETY	THB 30 NET
	ACEROLA CHERRY  	● IMMUNE SUPPORT	● ANTIOXIDANTS	● COLLAGEN SUPPORT	THB 15 NET
	LEMON BALM  	● RELAXATION	● STRESS SUPPORT	● BETTER SLEEP	THB 15 NET

HEALTH SHOTS

55 ml



01

GINGER SHOT

Circulation Support

- Ginger
- Himalayan salt

THB 90_{NET}



02

GINGER LEMON SHOT

Anti-Inflammatory Support

- Ginger
- Lemon
- Ground black pepper

THB 90_{NET}



03

RADIANCE SHOT

Collagen & Eye Support

- Orange
- Carrot
- Passion fruit

THB 90_{NET}



04

CELERY KALE SHOT

Detox & Skin Support

- Kale
- Celery
- Pineapple
- Lime

THB 90_{NET}



05

BEETROOT GLOW SHOT

Blood Health & Vitality

- Beetroot
- Green apple
- Ginger
- Lime

THB 90_{NET}



06

TURMERIC GINGER SHOT

Immune Support & Recovery

- Green apple
- Ginger
- Turmeric
- Lemon

THB 110_{NET}

COLD-PRESSED JUICES

250 ml

01



KALEPPLE
Gut & Digestive Support

- Apple
- Chinese kale
- Pineapple
- Lime juice

THB 160 NET



02



CHOY LAB
Detox & Digestive Support

- Bok choy
- Pineapple
- Mint leaves

THB 200 NET



03



GREEN GLOW
Detox & Daily Vitality

- Green apple
- Pineapple
- Japanese cucumber
- Celery
- Spinach
- Lime juice

THB 190 NET



04



GOLDEN SHIELD
Immune & Anti-Inflammatory

- Asian pear
- Fingerroot
- Lemon
- Honey

THB 140 NET



05



IMMUNE FINGERROOT
Immune & Focus Support

- Green apple
- Fingerroot
- Ginger

THB 190 NET



06



SUN-KISSED
Skin Radiance & Eye Support

- Carrot
- Lemon
- Green apple
- Passion fruit

THB 160 NET



07

CELERY PURÉ*Detox & Heart Health*

- Celery

THB **160** NET

08

BLOAT AWAY*Digestive & Metabolic Support*

- Pineapple
- Green apple
- Cucumber
- Ginger
- Mint leaves
- Lime juice

THB **160** NET

09

COCONUT WATER*Recovery & Hydration*

- Coconut water

THB **140** NET

10

WATERMELON MINT*Skin & Hydration Support*

- Watermelon
- Mint leaves
- Lime

THB **140** NET

11

BLUSH BEET*Skin & Detox Support*

- Green apple
- Carrot
- Beetroot
- Lime

THB **140** NET

100% NATURAL
No added sugar



COLD PRESSED
To preserve nutrients



CLEAN INGREDIENTS
Real fruits & vegetables



MADE FRESH DAILY
For your healthy lifestyle

INFUSED WATERS

500 ml



100% NATURAL
No added sugar



CLEAN INGREDIENTS
Real fruits & vegetables



MADE FRESH DAILY
For your healthy lifestyle



01 LEMON MINT
Digestive Support

- Lemon
- Mint leaves

THB **80** NET



02 BERRY BLOOM
Naturally Refreshing

- Strawberry
- Blueberry
- Mint leaves

THB **100** NET



03 CITRUS THYME
Vitamin-Rich Refreshment

- Orange
- Lemon
- Thyme

THB **80** NET



04 CUCUMBER LIME
Detox & Hydration

- Cucumber
- Lime
- Rosemary

THB **80** NET



05 APPLE CINNAMON
Blood Sugar Support

- Green apple
- Red apple
- Cinnamon

THB **80** NET

FUNCTIONAL SMOOTHIES

12 oz

Where Every Blend Feels Like a Getaway

01 SUNDAY RANCH

- Banana
- Peanut butter
- Whey protein
- Coconut milk
- Oat milk

PROTEIN
~28 g.



THB 280_{NET}



02 MOCHA MOON

- Banana
- Cocoa
- Peanut butter
- Greek yogurt
- Sea moss gel
- Oat milk



THB 280_{NET}

03 PINK RIVIERA

- Mixed berries
- Banana
- Dates
- Greek yogurt
- Oat milk
- Blue majik spirulina powder



THB 240_{NET}



04 BLUE LAGOON

- Avocado
- Pineapple
- Banana
- Coconut water
- Coconut milk
- Almond butter
- Blue majik spirulina powder

THB 280_{NET}



05 AMALFI GLOW

- Mango
- Lime juice
- Honey
- Oat milk

THB 240_{NET}



06 POSITANO PINK

- Strawberry
- Banana
- Coconut yogurt
- Coconut flakes
- Sea moss gel
- Oat milk

THB 280_{NET}



07 CAPRI ZEST

- Pineapple
- Mango
- Lemon
- Dates
- Turmeric
- Ginger
- Greek yogurt
- Oat milk



THB 190_{NET}



08 EMERALD BAY

- Pineapple
- Mango
- Banana
- Lemon juice
- Greek yogurt
- Sea moss gel
- Oat milk
- Green spirulina powder



THB 280_{NET}

09 VELVET MOON

- Blueberries
- Strawberries
- Banana
- Dates
- Greek yogurt
- Oat milk



THB 190_{NET}





M A T C H A

12 oz

Crafted with the Finest Matcha from Uji, Kyoto



CLEAR USUCHA

THB **200** NET



MATCHA PB

THB **190** NET



**MATCHA COCONUT
PANDAN**

THB **190** NET



**MATCHA COLD
WHISK LATTE**

(CHOICE OF MILK)
OAT MILK | ALMOND MILK | SOY MILK

THB **180** NET



**MATCHA SPARKLING
YUZU**

THB **190** NET

SPECIALITY COFFEE

From Organic Beans to Your Cup.

ICED

12 oz



AMERICANO



ESPRESSO



LATTE



CAPPUCCINO



MOCHA



THAI MILK TEA



ICED DARK CHOC LATTE



CARAMEL MACCHIATO



VANILLA MACCHIATO



BLUE SPIRULINA LATTE



AMERICANO ORANGE



SPARKLING HONEY LIME COFFEE



AMERICANO ORANGE TONIC



CINNAMON SPICE LATTE



AMERICANO COCONUT

HOT

8 OZ



AMERICANO

THB 130 NET



ESPRESSO

THB 130 NET



LATTE

THB 160 NET



CAPPUCCINO

THB 160 NET



MOCHA

THB 160 NET



FLAT WHITE

THB 160 NET



DARK CHOC LATTE

THB 160 NET



THAI MILK TEA

THB 160 NET



VANILLA MACCHIATO

THB 180 NET



CARAMEL MACCHIATO

THB 180 NET

HOT TEA

8 OZ

THB 165 NET

- JASMINE TEA
- EARL GREY TEA
- CHAMOMILE TEA

- VANILLA BOURBON TEA
- BLACK TEA
- ENGLISH BREAKFAST TEA

ORA AÇAÍ

150 g

The kind of açai your everyday deserves.



RICH • FRUITY • CREAMY

A velvety blend of antioxidant-rich açai and mixed berries, naturally sweetened with banana for a refreshing, creamy finish. Finished with seasonal fruit, crunchy granola and your choice of homemade sauce.

THB **240** NET

SIGNATURE HOMEMADE SAUCES

*Bold Flavor from Organic Dark Chocolate.
Ultra Nutty. Crafted with 100% Peanut Butter.*



100% NATURAL
No added sugar



NATURALLY NOURISHING
Superfoods in every bowl



MADE FRESH TO ORDER
Prepared fresh, just for you



PEANUT BUTTER SAUCE | DARK CHOC SAUCE



CHIA PUDDINGS & OVERNIGHT OATS

150 g

01 Digestive & Energy Support

- Chia seeds
- Oat milk
- Honey
- Himalayan salt

*OATS, GRANOLA

THB 200 NET

02 Digestive & Energy Support

- Chia seeds
- Raw almond milk
- Honey
- Himalayan salt

*TREE NUTS, GRANOLA

THB 200 NET

VANILLA CLOUD



COCONUT CLOUD



03 Skin & Digestive Support

- Coconut yogurt
- Maple syrup
- Chia seeds
- Fresh berries

*TREE NUTS, GRANOLA

THB 280 NET

CHOCO CLOUD



04 Focus & Digestive Support

- Chia seeds
- Raw almond milk
- Dark chocolate
- Cacao
- Honey
- Himalayan salt

*TREE NUTS, GRANOLA

THB 200 NET



GOLDEN ALMOND



05 Sustained Energy

- Raw almond milk
- Coconut yogurt
- Gluten-free rolled oats
- Chia seeds
- Maple syrup
- Himalayan salt
- Fresh blueberries

*TREE NUTS, GRANOLA

THB 220 NET



APPLE HARVEST



06 Immune & Energy Support

- Raw almond milk
- Coconut yogurt
- Gluten-free rolled oats
- Chia seeds
- Cinnamon
- Fresh apples

*TREE NUTS, GRANOLA

THB 220 NET



BERRY BRIGHT



07 Skin & Energy Support

- Raw almond milk
- Fresh strawberries
- Coconut yogurt
- Gluten-free rolled oats
- Chia seeds

*TREE NUTS, GRANOLA

THB 250 NET



MIDNIGHT CACAO



08 Energy & Focus Support

- Raw almond milk
- Raw cacao
- Coconut yogurt
- Gluten-free rolled oats
- Chia seeds

*TREE NUTS, GRANOLA

THB 250 NET

YOGURT BOWLS

150 g



BERRY BLISS



01 Gut & Digestive Support

- Homemade strawberry jam
- Coconut yogurt
- Granola

*GRANOLA

THB 280 NET

TROPICAL GLOW



02 Skin & Digestive Support

- Homemade mango jam
- Coconut yogurt
- Granola

*GRANOLA

THB 290 NET



CHOCO BANANA BLISS



03 Sleep Support

- Homemade chocolate-banana jam
- Coconut yogurt
- Granola

*GRANOLA

THB 280 NET

BERRY BLUE



04 Focus & Skin Support

- Homemade blueberry jam
- Coconut yogurt
- Granola

*GRANOLA

THB 290 NET

POWER BOWLS

750 ml

01 VITALITY BOWL

- Riceberry
- Grilled eel
- Seasoned seaweed salad
- Okra
- Sweet corn
- Japanese cucumber
- Roasted cashew nuts

477.2 KCAL | PROTEIN 22.47 G | CARBS 38.74 G



FISH, TREE NUTS, GLUTEN

THB 320 NET



02 OMEGA GLOW BOWL

- Quinoa
- Grilled salmon
- Onsen egg
- Avocado
- Sweet corn

348 KCAL | PROTEIN 21.5 G | CARBS 20.6 G



FISH, EGG, SOY, SESAME

THB 320 NET



03 LEAN PROTEIN BOWL

- Quinoa
- Prawn
- Rolled omelette
- Radish
- Purple cabbage
- Japanese cucumber
- Carrot
- Chickpeas
- Almonds

PROTEIN
~**24** g.

364 KCAL | PROTEIN 23.5 G | CARBS 27.6 G



PRAWN, EGG, SOY, SESAME

THB **320** NET



ORA
WELLNESS BAR



04 PLANT PROTEIN BOWL

- Quinoa
- Tofu
- Chickpeas
- Seasoned seaweed salad
- Sweet potato
- Sweet corn
- Okra

519 KCAL | PROTEIN 20.4 G | CARBS 64.7 G



TREE NUTS, SOY, SESAME, VEGAN, GLUTEN FREE

THB **350** NET

ORA
WELLNESS BAR